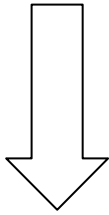


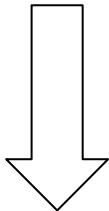


SCHOOL SWIMMING AND THE CORRELATION OF CLUB BASED SWIMMING

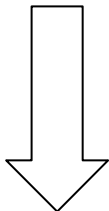
School Swimming: Including Invitation (Term's 1 and 4) meets and the School Carnival (early Feb)



Selection into the school team to compete at IPSHA (Jnr) or IGSSA (Snr) Carnivals (mid March)

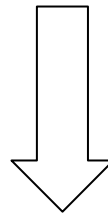


Selection into either the IPSHA or IGSSA team for the CIS Carnivals (late March)

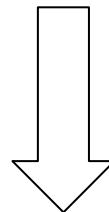


Selection into the NSW All Schools team to compete at the Australian All Schools Championships

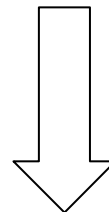
Club Swimming: Club Nights, Summer and Winter Club Championships, other Club swim meets, Metsea Summer (Nov) and Winter (June) meets.



Swim a qualifying time to compete at either the Winter (short course-July) or Summer (long course- Dec) Metropolitan Swimming Championships



Swim a qualifying time to compete at either the Winter (Aug) or Summer State Age (Jan) Swimming Championships



Swim a qualifying time to compete at the Australian Age Swimming Championships (April)